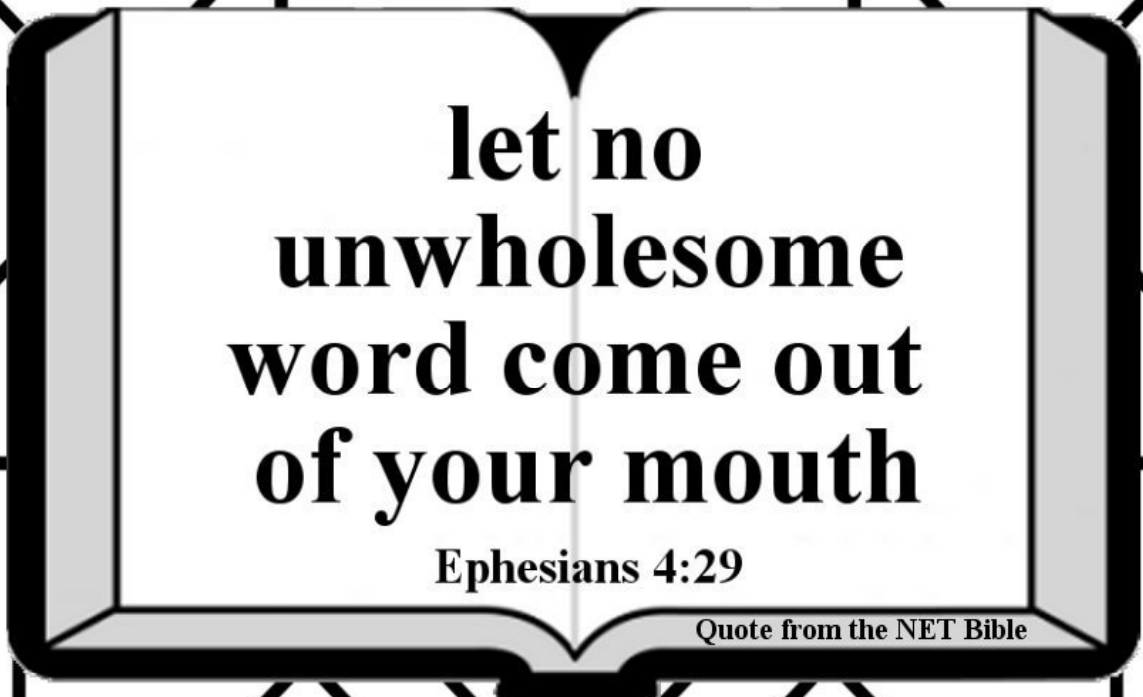


**If you  
can't say  
something  
nice**



**let no  
unwholesome  
word come out  
of your mouth**

**Ephesians 4:29**

Quote from the NET Bible

**Sing  
or**

**Chew  
Gum**